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|  | Weekly Well Being | Autumn 1  7 weeks | Autumn 2  7 weeks | Spring 1  6 weeks | Spring 2  6 weeks | Summer 1  5 weeks | Summer 2  6 weeks |
| **FS2** | **Stretch & Reflect,**  **Mindfulness,**  **Run4Fu, Go Noodle** | **Baseline Assessment**  (Wk1 both lessons)  **Orienteering**  (10hrs input refer to teaching resource) | **Gym**  (12hrs input refer to teaching resource) | **Ball skills**  (Hand, feet & eye coordination)  **Each child to have their own ball.**  (Last week 2hr inter year group football tournament) | **Gym**  (12hrs input refer to teaching resource) | **Athletics**  (12hrs input refer to teaching resource)  (Last week 2hr mini Olympic tournament)  **Swimming** | **Baseline Assessment** (Last week of Term both lessons)  **Tennis**  (5hr input refer to teaching resource)  **Dance**  (4hr input)  (Dance performance) |
| **YR 1** | **Stretch & Reflect,**  **Mindfulness, Run4Fun,**  **Go Noodle** | **Baseline Assessment**  (Wk1 both lessons)  **Orienteering**  (10hrs input refer to teaching resource) | **Gym**  (12hrs input refer to teaching resource) | **Ball skills**  (Hand, feet & eye coordination)  **Each child to have their own ball.**  (Last week 2hr inter year group football tournament) | **Gym**  (12hrs input refer to teaching resource) | **Athletics**  (12hrs input refer to teaching resource)  (Last week 2hr mini Olympic tournament)  **Swimming** | **Baseline Assessment** (Last week of Term both lessons)  **Tennis**  (5hr input refer to teaching resource)  **Dance**  (4hr input)  (Dance performance) |
| **YR 2** | **Stretch & Reflect,**  **Mindfulness, Run4Fun, Go Noodle** | **Baseline Assessment**  (Wk1 both lessons)  **Orienteering**  (10hrs input refer to teaching resource) | **Gym**  (12hrs input refer to teaching resource) | **Ball skills**  (Hand, feet & eye coordination)  **Each child to have their own ball.**  (Last week 2hr inter year group football tournament) | **Gym**  (12hrs input refer to teaching resource) | **Athletics**  (12hrs input refer to teaching resource)  (Last week 2hr mini Olympic tournament)  **Swimming** | **Baseline Assessment** (Last week of Term both lessons)  **Tennis**  (5hr input refer to teaching resource)  **Dance**  (4hr input)  (Dance performance) |

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| **YR 3** | **Stretch & Reflect,**  **Mindfulness, Run4Fun** | **Baseline Assessment**  (Wk1 both lessons)  **Orienteering (3hrs input)**  **inc visit to Ashton Park**  **Tag Rugby**  (7hrs input refer to teaching resource)  (Last week 2hr inter year group tournament) | **Hockey**  (6hrs input refer to teaching resource)  (Last week 2hr inter year group tournament)  **Gym**  (6hrs input refer to teaching resource) | **Netball**  (8hrs input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Cricket**  (10hrs input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Athletics**  (10hrs input refer to teaching resources)  (Last week 2hr mini Olympic tournament)  **Swimming** | **Baseline Assessment** (Last week of Term both lessons)  **Tennis**  (5hr input refer to teaching resource)  **Dance**  (5hr input)  (Dance performance) |
| **YR 4** | **Stretch & Reflect,**  **Mindfulness, Run4Fun** | **Baseline Assessment**  (Wk1 both lessons)  **Orienteering (3hrs input) inc visit to Ashton Park**  **Tag Rugby** (7hrs input refer to teaching resource)  (Last week 2hr inter year group tournament) | **Hockey**  (6hrs input refer to teaching resource)  (Last week 2hr inter year group tournament)  **Gym**  (6hrs input refer to teaching resource) | **Basketball**  (8hrs input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Cricket**  (10hr input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Athletics**  (10hrs input refer to teaching resources)  (Last week 2hr mini Olympic tournament)  **Swimming** | **Baseline Assessment** (Last week of Term both lessons)  **Tennis**  (5hr input refer to teaching resource)  **Dance**  (5hr input)  (Dance performance) |
| **YR 5** | **Stretch & Reflect,**  **Mindfulness, Run4Fun** | **Baseline Assessment**  (Wk1 both lessons)  **Orienteering** (3hrs input refer to teaching resource)  **inc visit to Ashton Park**  **Tag Rugby** (7hrs input refer to teaching resource)  (Last week 2hr inter year group tournament) | **Hockey**  (6hrs input refer to teaching resource)  (Last week 2hr inter year group tournament)  **Gym**  (6hrs input refer to teaching resource) | **Basketball**  (8hrs input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Cricket**  (10hr input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Athletics**  (10hrs input refer to teaching resources)  (Last week 2hr mini Olympic tournament)  **Swimming** | **Baseline Assessment** (Last week of Term both lessons)  **Tennis**  (5hr input refer to teaching resource)  **Dance**  (5hr input)  (Dance performance) |
| **YR 6** | **Stretch & Reflect,**  **Mindfulness, Run4Fun** | **Baseline Assessment**  (Wk1 both lessons)  **Orienteering (3hrs input)**  **inc visit to Ashton Park**  **Tag Rugby** (7hrs input refer to teaching resource)  (Last week 2hr inter year group tournament) | **Hockey**  (6hrs input refer to teaching resource)  (Last week 2hr inter year group tournament)  **Gym**  (6hrs input refer to teaching resource) | **Basketball**  (8hrs input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Cricket**  (10hr input refer to teaching resource)  (Last week 2hrs inter year group tournament) | **Athletics**  (10hrs input refer to teaching resources)  (Last week 2hr mini Olympic tournament)  **Swimming** | **Baseline Assessment** (Last week of Term both lessons)  **Tennis**  (5hr input refer to teaching resource)  **Dance**  (5hr input)  (Dance performance) |