

Christ Church C.E. Moreton Primary School



PE Policy

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Our Mission Statement

Our mission is to love all children who are part of our community helping them develop respect, tolerance, self-confidence and to become the best they can be.

We will support our children to develop their God given gifts to the full and encourage a life-long passion for learning which will successfully lead them into secondary school and beyond.

As a church school at the heart of Moreton community, our work is underpinned by the Christian values of *love, peace, forgiveness, joy, hope and service* which Jesus helps us to achieve.

We are a welcoming, caring and inclusive school committed to working in partnership with parents, governors, Christ Church and Chester Diocese Academy Trust.

We strive to provide a rich and varied curriculum which reflects God's concern for the whole child; promoting spiritual, moral, cultural, physical and emotional wellbeing alongside academic excellence and independence.

As a school community, we all work together to provide the very best for our pupils and families; firmly believing that:

Together we can do all things through Christ who strengthens us

Our School Vision

Contributions from parents, pupils, staff and school Governors have determined the priorities for our school vision

A consistent school vision shared by all based on the following:

"

Love must be completely sincere. Hate what is evil, hold on to what is good. Love one another warmly as Christians, and be eager to show respect for one another. Work hard and do not be lazy. Serve the Lord with a heart full of devotion. Let your hope keep you joyful, be patient in your troubles, and pray at all times." Romans 12:9-12

RATIONALE

At Christ Church CE Primary school we believe that PE provides significant opportunities for the children to develop spirituality, morally, socially and culturally.

The study of PE involves a sense of identity of healthy bodies, healthy minds and the self-motivation to achieve their best. Children will develop the confidence to demonstrate and perform in front of peers.

We promote inclusivity through teamwork, peer coaching and understanding of differences. Children will be exposed to a wide range of sports including Paralympic sports. They will develop an appreciation of different cultures and those from different backgrounds.

Children are encouraged to be respectful global citizens. Enrichment activities are accessible to all children including opportunities to watch live elite sporting events to support courageous advocacy.

Children's impressions of God will develop throughout their education at Christ Church CE Primary School. They will discover the values of patience to acquire skills, love of sport, joy of competing, respect and tolerance for others and a reflection for growth.

Physical Education is part of every child's entitlement to a good education and a high quality Physical Education inspires all children to succeed and excel in competitive sport and other physically demanding activities. At Christ Church CE Primary School, we seek to provide a full, varied and interesting Physical Education curriculum which challenges, engages and excites pupils and staff alike.

We see Physical Education as a vital part of the educational experience as a whole, which is essential to the development of the whole child - academically, socially, emotionally and physically. It provides the foundation for a healthy lifestyle and promotes character building, co-operation and self-esteem in a safe and supportive environment.

We strive to maximise opportunities for all children and adults associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

Intent

PE and leading a healthy lifestyle is a hugely important part of our school. Staff will have a clear understanding of the National Curriculum, through regular CPD with expert sports coaches and PE Lead. The focus for these follows analysis of a staff audit and the aim is to improve staff confidence and knowledge to deliver high quality PE.

Our PE curriculum will enhance the skills and knowledge of all children and be accessible to all. It will maximise the development of every child's ability and achievement in all areas of PE and develop fundamental movement within every lesson.

All children will be active throughout their weekly 2 hours of PE lessons, where they will learn the importance of physical activity and keeping healthy. They will improve their own

health, well-being and personal skills linked to the Olympic and School Sports Values such as the resilience to persevere. They will have the opportunity to grow an understanding of working together and overcome challenges in readiness for life.

They will participate in and learn about how to use and apply this knowledge to impact upon their own physical activity, participation and healthy lifestyle.

Swimming and water safety will be taught throughout the school and extra opportunities will be taken to continue to improve 25m swimming percentage.

Sports Premium Funding will be used effectively to develop a lasting legacy for PE & Sport at Christ Church.

Implementation

PE Curriculum

The Physical Education curriculum is based on the guidance given in the National Curriculum. Children will receive a full entitlement of PE and a clear and comprehensive long-term plan will be in place across the school. This will link to the National Curriculum and cover six main areas: gymnastics, athletics, games, outdoor and adventurous activities and swimming. Over-arching the PE curriculum, will be the SAQ assessments to promote healthy living, wellness and build on instilling resilience and personal challenge.

Within P.E lessons, children will adopt many different roles such as a performer, coach, umpire and leader.

• PE Kit

Children wear a school PE Kit. School t-shirts link to the colours of the school house. It is our belief that if the child looks smart they will perform well and have a positive experience in lessons.

• Access to sports experts

Over the period of the year, children will have opportunities to work with PE experts.

Children will be given wider opportunities to build character and embed values through regular teamwork activities, competitive sport and Sports Day. This will be used to provide evidence for the Platinum Sports Mark.

• Intra Events

Children will have opportunities to compete against children from other schools.

• Inter Events

Half termly, all children will have access to competing against their peers in school.

• Displays

Displays in school will celebrate involvement in PE, promote local clubs and highlight key national and international sporting events, hence increasing interest in sport.

• **Extra Curricular Activities**

Children will have access to PE outside of the school day including clubs, matches and tournaments.

• **Enrichment opportunities**

Children will have the chance to take part in a range of exciting activities they probably won't have tried before. These are designed to boost enjoyment and engagement. This is a perfect way to build foundations for healthy, active lives.

• **Sports Premium Funding**

This will be used to increase physical competency of staff and children and also provides staff with resources and high-quality equipment

Impact

Christ Church CE Primary School aim to improve the well-being and fitness of all children in terms of the specific skills taught and knowledge obtained, but also through the underpinning values and disciplines it promotes. We will ensure that through teaching and learning that all children understand the impact of physical activity on their own body (linked to Science topic).

Progression and attainment

Our teaching will demonstrate evidence of children's increased attainment levels through progress made across each unit. Children participation in lessons and their engagement in developing skills will be high.

Regular verbal feedback will be given within lessons to praise and ensure children apply the correct technique. Children will become stewards of their own learning and support peers to continue to improve and excel.

Assessment

Even though levels are not included with the National Curriculum, it is important to make sure that our children make good progress in Physical Education and understand the benefits of leading a healthy lifestyle. Data analysis will show children progressing from the start of the year to the end of the year through their SAQ scores. At the start of each academic year, all children complete the SAQ assessments.

At the end of each unit, an intra year band competition or performance is encouraged to showcase the children's developing skills. These opportunities alongside observations in lessons provide ample opportunity for teacher assessment linked to objectives in the PE progression document. Photographic and video evidence will also be used to support teacher judgements and provide evidence for Platinum school games mark.

Swimming

Swimming will be delivered by specialist swimming instructor from Elite Coaching and impact measurable through a high (90% or above) swimming percentage over 25m.

Extra-Curricular Clubs

Children will be eager to attend extra-curricular clubs and participation rates will be high. This will lead to teams winning competitions at local and regional level. Also, increased opportunities for the school A, B and C teams in a range of sports. Furthermore, children will foster a life-long commitment to physical activity.

Cross Curricular links

English: Children will develop a wider range of subject specific vocabulary and be able to talk about how they can improve on their own performance.

Mathematics: Speed, distance, time, measuring, recording, handling data

PSHE: Teamwork, team building, healthy eating, personal hygiene, sportsmanship, disabled athletes

Geography: Map reading during orienteering.

Music: Interpretation of music through rhythm and tempo during dance and gym

History: History of significant sporting events and sportsmen/women

Science: effects on your circulatory system, hormones, drugs and alcohol

Computing: Use of stopwatches, use of digital camera and digital video, use of spread sheets for recording and interpreting data, use of the internet.

RE & Christian values: Justice, fairness, compassion

PE and inclusion

At Christ Church CE Primary School, we teach PE to all children, whatever their aptitude or ability. PE encourages children to make a positive contribution to the school and the wider community by respecting others and working together. It also develops team skills, which will contribute to their future social and physical well-being. PE promotes academic learning, self-esteem, social interaction, team work and life skills such as how to win and losing with dignity.

Active children develop a longer attention span during lessons, which leads to improved concentration. The school will make any necessary adaptations to enable pupils with specific physical disabilities to participate as fully as possible in all aspects of physical activity.

In addition, we give children of differing abilities the opportunity to represent the school and compete against other schools. We actively take part in the Wirral schools inclusive competitions.

Health and safety

In accordance with the school's Health and Safety Policy and with reference to the British association of advisors and lecturers in Physical Education Safe Practice, risk assessments are completed and reviewed annually. Regular checks and visual risk assessments are made by all teachers, to ensure health and safety of children in lessons. Annual safety checks and repairs are carried out on gymnastic equipment and staff check apparatus prior to use in

lessons. If a potential hazard is identified, equipment is immediately taken out of use. Regulations linked to swimming lessons follow the guidelines provided by Elite coaching.

To ensure safe practice children are taught: to consider their own and others' safety in all activities undertaken; to understand the importance of warming up and recovery exercise, thus preventing injury; to lift, carry and place equipment safely; to respond readily to instructions and signals within established routines and follow relevant rules and codes.

Policy completed by Claire Cooper
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