Week I

Monday	Tuesday	Wednesday	Thursday	Friday			
Burger Day Choose from a butcher's quality beef burger or vegetarian burger, baked in the oven, and served on a bun with fresh potato wedges	Creamy Chicken Curry Fresh chicken breast or Quorn cooked with cumin, coriander, ginger, turmeric, coconut milk and natural yogurt served on a bed of rice with naan bread	Roast Dinner Choose from either home roasted joint of pork or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy	Panini Choose from either Cheese, Cheese & ham, Tuna & Cheese, or the daily special, served with freshly roasted wedged potatoes	Fish 'Fry-day' Choose from a battered cod fillet or breaded cod fillet fingers all baked in the oven & served with chips			
Served with							
Sweetcorn	Green Beans	Carrot & Swede and/or Broccoli	Sweetcorn or Baked Beans	Peas or Baked Beans			
		or					
Jacket potatoes served with a side salad are also available daily – choose from a variety of fillings							
or							
Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers							
And for dessert							
Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers.							
And finally, a drink							

A selection of the following drinks will be available daily. fresh fruit juice – apple, orange or cranberry or water. Freshly made milkshakes – chocolate or strawberry available on Wednesday & Friday

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday				
Hotdogs Choose from a butcher's quality sausage or a Quorn sausage served in a finger roll with home roasted potato wedges	Hot chicken wrap Chicken strips cooked in a mild seasoning, wrapped in a tortilla wrap with onions & peppers served with rice.	Roast Dinner Choose from either home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy	Pasta Bolognaise Minced beef cooked with onions, garlic, tomatoes, mushrooms, and herbs served on a bed of pasta	Fish 'Fry-day' Choose from a battered cod fillet or breaded cod fillet fingers all baked in the oven & served with chips.				
	Or Quorn strips cooked in a mild seasoning wrapped in a tortilla wrap with onions & peppers served with rice.		Cauliflower & Broccoli Pasta Bake Cauliflower and broccoli florets covered in a creamy cheese sauce and mixed with pasta,					
Served with								
Garden Peas	Sweetcorn	Carrot and Swede and/or Broccoli	Green Beans	Peas or Baked Beans				
	or							
<i>Jacket potatoes</i> served with a side salad are also available daily – choose from a variety of fillings								
	or							
Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, and peppers. Image: Colored								
And for dessert								
Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers.								
And finally, a drink								
A selection of the following drinks will be available daily. fresh fruit juice – apple, orange or cranberry or water. Freshly made milkshakes – chocolate or strawberry available on Wednesday & Friday								

Week 3							
Monday	Tuesday	Wednesday	Thursday	Friday			
Pizza Day A selection of homemade pizza, choose from: Cheese & Tomato or Pepperoni served with pasta spirals	Meatballs Choose from fresh Pork meatballs or Quorn balls served with a homemade tomato sauce and served with spaghetti	Roast Dinner Choose from either home roasted joint of turkey or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy	Chicken Burger Choose from a breaded chicken or Quorn fillet oven baked and served on a bun with coleslaw.	Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips			
	l	Served with	l				
Sweetcorn	Peas	Carrot and Swede and/or Broccoli	Sweetcorn s	Peas or Baked Beans			
		or					
<i>Jacket potatoes</i> served with a side salad are also available daily – choose from a variety of fillings							
or Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.							
And for dessert Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers.							
And finally, a drink							
A selection of the following drinks will be available daily. fresh fruit juice – apple, orange or cranberry or water. Freshly made milkshakes – chocolate or strawberry available on Wednesday & Friday							