










## Week 1

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|---|--|--|---|
| <p style="text-align: center;"><b>Burger Day</b></p> <p>Choose from a butchers quality beef burger or vegetarian burger, baked in the oven and served on a bun with potato wedges</p>   | <p style="text-align: center;"><b>Bacon Mac &amp; Cheese</b></p> <p>Macaroni pasta mixed with a cheese sauce topped with bacon and cheese, baked in the oven until golden</p> | <p style="text-align: center;"><b>Roast Dinner</b></p> <p>Choose from either home roasted joint of pork or a Quorn fillet, served with Yorkshire pudding, roast potatoes &amp; gravy</p> | <p style="text-align: center;"><b>Chicken Pie</b></p> <p>Pieces of fresh chicken cooked with sweetcorn in a creamy sauce then topped with pastry and baked in the oven served with mashed potato and gravy</p> | <p style="text-align: center;"><b>Fish 'Fry-day'</b></p> <p>Choose from a battered cod fillet or breaded cod fillet fingers all baked in the oven &amp; served with chips</p> |
|   | <p><b>Or</b></p>  |  | <p><b>Or</b></p>   |   |
|   | <p style="text-align: center;"><b>Macaroni Cheese</b></p> <p>Macaroni pasta mixed with a cheese sauce topped with cheese, baked in the oven until golden</p>                  |  | <p style="text-align: center;"><b>Cheese Pie</b></p> <p>A pastry case filled with cheese, onion and egg then baked in the oven until golden served with mashed potato</p>                                      |   |
| <p><b>Served with</b></p>   |   |  |  |   |
| Sweetcorn   | Peas  | Carrot & Swede and/or Broccoli   | Green Beans  | Peas or Baked Beans   |
| <p><i>or</i></p>  |   |  |  |   |
| <p><b>Jacket potatoes</b></p> <p>served with a side salad are also available daily – choose from a variety of fillings</p>  |   |  |  |   |
| <p><i>or</i></p>  |   |  |  |   |
| <p><b>Deli Bar - Available Everyday</b></p> <p>Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p> |   |  |  |   |
| <div style="display: flex; justify-content: space-around; align-items: center;">    </div>                      |   |  |  |   |
| <p><b>And for dessert</b></p>   |   |  |  |   |
| <p><b>Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers.</b></p>   |   |  |  |   |
| <p><b>And finally, a drink</b></p>  |   |  |  |   |
| <p><b>A selection of the following drinks will be available daily</b><br/> <b>freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</b></p>   |   |  |  |   |

## Week 2

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
| <p><b>Sausage &amp; Mash</b><br/>Choose from butchers quality sausages or Quorn sausages baked in the oven and served on a bed of mashed potato with gravy</p>   | <p><b>Sweet &amp; Sour Chicken</b><br/>Pieces of fresh chicken served in a homemade sweet &amp; sour sauce served on a bed of rice</p> | <p><b>Roast Dinner</b><br/>Choose from either home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy</p> | <p><b>Pasta Bolognaise</b><br/>Minced beef cooked with onions, garlic, tomatoes, mushrooms, and herbs served on a bed of pasta</p>                                 | <p><b>Fish 'Fry-day'</b><br/>Choose from a battered cod fillet or breaded cod fillet fingers all baked in the oven &amp; served with chips</p> |
|  | <p><b>Or</b></p>   |   | <p><b>3 Bean Chilli Quesadilla</b><br/>A Mexican 3 bean chilli served between 2 tortilla wraps with cheese and baked in the oven until golden served with rice</p> |  |
| <p><b>Served with</b></p>  |  |   |  |  |
| <p><b>Garden Peas</b></p>  | <p><b>Sweetcorn</b></p>  | <p><b>Carrot and Swede and/or Broccoli</b></p>  | <p><b>Green Beans</b></p>  | <p><b>Peas or Baked Beans</b></p>  |
| <p><b>or</b></p>   |  |   |  |  |
| <p><b>Jacket potatoes</b><br/>served with a side salad are also available daily – choose from a variety of fillings</p>  |  |   |  |  |
| <p><b>or</b></p>   |  |   |  |  |
| <p><b>Deli Bar - Available Everyday</b><br/>Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p> |  |   |  |  |
| <div style="display: flex; justify-content: space-around; align-items: center;">    </div>   |  |   |  |  |
| <p><b>And for dessert</b></p>  |  |   |  |  |
| <p><b>Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers.</b></p>  |  |   |  |  |
| <p><b>And finally, a drink</b></p>   |  |   |  |  |
| <p><b>A selection of the following drinks will be available daily freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</b></p>  |  |   |  |  |

## Week 3

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|
| <p style="text-align: center;"><b>Pizza Day</b></p> <p>A selection of homemade pizza, choose from:</p> <p>Cheese &amp; Tomato or Pepperoni served with pasta spirals</p>   | <p><b>Beef Stew</b><br/>Chunks of fresh beef slowly cooked with onions, carrots, potatoes, sweet potato, mushrooms, sweetcorn, apricots and stock served with crusty bread</p> <p style="text-align: center;"><b>Or</b></p> <p><b>Veggie Shepherd's Pie</b><br/>Quorn mince cooked with onions, carrots, tomatoes, herbs and stock and topped with a sweet potato mash and baked in the oven.</p> | <p><b>Roast Dinner</b><br/>Choose from either home roasted joint of turkey or a Quorn fillet, served with Yorkshire pudding, roast potatoes &amp; gravy</p> | <p><b>BBQ Chicken</b><br/>Choose from fresh chicken pieces or Quorn pieces cooked in a homemade BBQ sauce and served on a bed of rice</p> | <p><b>Fish 'Fry-day'</b><br/>Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven &amp; served with chips</p> |
| <b>Served with</b>   |   |   |   |   |
| <b>Sweetcorn</b>   | <b>Cabbage &amp; Beetroot</b>   | <b>Carrot and Swede and/or Broccoli</b>   | <b>Peas</b>   | <b>Peas or Baked Beans</b>  |
| <b>or</b>  |   |   |   |   |
| <p><b>Jacket potatoes</b><br/>served with a side salad are also available daily – choose from a variety of fillings</p>  |   |   |   |   |
| <b>or</b>  |   |   |   |   |
| <p><b>Deli Bar - Available Everyday</b><br/>Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p> |   |   |   |   |
| <div style="display: flex; justify-content: space-around; align-items: center;">    </div>   |   |   |   |   |
| <b>And for dessert</b>   |   |   |   |   |
| <b>Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese &amp; Crackers.</b>   |   |   |   |   |
| <b>And finally, a drink</b>  |   |   |   |   |
| <p><b>A selection of the following drinks will be available daily</b><br/>freshly made milkshakes – chocolate or strawberry, fresh fruit juice – apple, orange or cranberry or water.</p>  |   |   |   |   |

